

Accredited exercise physiologists (AEP's) are university trained professionals that specialise in exercise interventions for persons at high risk of developing, or currently living with a chronic or complex medical condition. Exercise physiologists can treat a number of medical conditions and improve your quality of life, these include:

Obesity, Depression, Lower Back Pain, Arthritis, Asthma, Fall Prevention, Diabetes, Cardiovascular diseases, Cancer, Musculoskeletal injuries, Osteoporosis, Pre / Post Orthopedic Surgery & many more.

At The Local Gym we aim to provide exercise physiology services to those wishing to overcome health barriers and improve their quality of life. This can be achieved with exercise interventions, education and lifestyle modification strategies to improve your wellbeing.

Private fees:

Initial consultation (1 hour)	\$70
Exercise session (45 mins)	\$60
Exercise session (45 mins, 2 people)	\$100

Medicare Enhanced Primary Care (EPC) referral

To receive a Medicare rebate for exercise physiology, clients will need to be referred by their GP and have their health managed through an Enhanced Primary Health Care Plan. Eligible clients are currently entitled to a maximum of five (5) allied health visits per calendar year. Each visit will attract a \$52.25 rebate. For more information speak to your GP or Jesse at The Local Gym.

Department of Veterans Affairs (DVA)

Entitled Department of Veterans' Affairs (DVA) clients may be referred to an AEP for clinically necessary Exercise Physiology treatment by their General Practitioner on a valid D904 referral form.

Health funds

If you have a private health fund you may be entitled to a rebate for exercise physiology services. Most major health funds now offer a rebate; contact your provider for details on rebate amounts.

Enquiries:
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Exercise physiologist

CALL
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